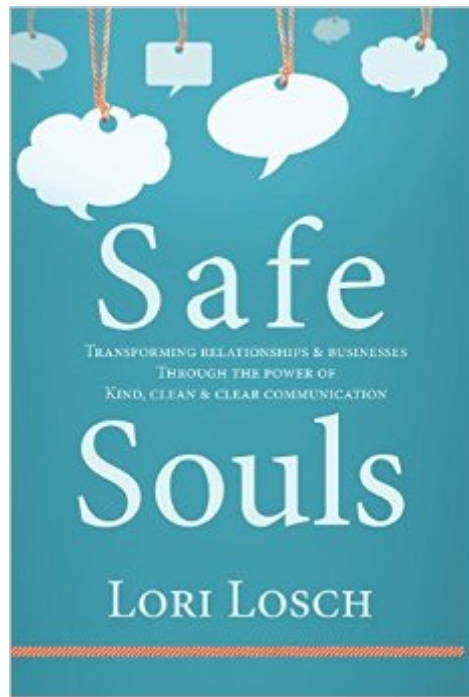


The book was found

Safe Souls



Synopsis

Do you long for healthier relationships, more effective communication skills and an abundance of kindness among your circle of friends, family members and co-workers? Does the joy and freedom that comes from knowing your tribe has your back covered interest you? Could your business run more effectively with better interpersonal relationships? If you adopt the Safe Souls formula and teach others to do the same, these desires will become reality. Based on her experience and insights, Lori Losch shares a simple solution for creating harmonious relationships and avoiding contentious ones. The core formula of No GTC- No Gossip, No Triangulation, No Criticism - plus the Fourth and Fifth dimensions, dovetails beautifully with the spiritual advice and philosophical wisdom espoused for millennia. These concepts are so powerful that Lori won the Editor's Choice Award for her Safe Souls chapter in Jack Canfield's latest bestselling book, The Soul of Success. Her Safe Souls workshops have also been touted as the most impactful session in which some corporate teams have even participated. Safe Souls is a blend of John C. Maxwell's Everyone Communicates, Few Connect plus Henry Cloud's Necessary Endings with a little dash of Dale Carnegie's How to Win Friends and Influence People in a short, straightforward, simple to implement book. Most people desire healthy relationships, want empowering communication skills and seek to emulate kindness, but often derail. Safe Souls provides the switch that gets both thoughts and conversations back on track - from being potentially toxic to being healing, kind and wildly connecting. You, your friends, your family and your workplace will be transformed by implementing the tenets of Safe Souls.

Book Information

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Customer Reviews

I thought this was an interesting title for a book, but the content is even better, a reminder of how we can be and act in order to understand ourselves, and other people. It's highlighted by the author's courage to share her own experiences, and flaws, in the attempt to help people understand how their actions powerfully affect others. It's an easy read, that makes you think (some writing exercises included) ... in the causes and affects of our actions. The message is clear in its emphasis on compassion. Kindness, love, and understanding, who doesn't need more, and who can't give more? I enjoyed reading this book, voila!

I've done some baby steps in what I thought was improving my relationship to other people. I thought I was doing it for other people, but I found out, that I see the most benefits and they probably didn't even notice (although when I do all the steps outlined in the book, this might change a lot). We are all having these grandiose visions of how the world should be and how others should change. I believe the only real power we have is in how we change ourselves. You know that if no gossip, no triangulation, no criticism (which she precisely defines in her Safe Souls book) is at someone's core, you can open up and it feels amazing, you can share things and be more open. You can feel it in the relationships. And as relationships are the best predictor of personal success, this is really a personal growth book for me. Recommended.

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